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COVID-19 infection in kidney transplant recipients

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OPEN

By 21 March 2020 infections related to the novel coronavirus SARS-CoV-2 had affected people from 177 countries and caused 11,252 reported deaths worldwide. Little is known about risk, presentation and outcomes of SARS-CoV-2 (COVID-19) infection in kidney transplantation recipients, who may be at high-risk due to long-term immunosuppression, comorbidity and residual chronic kidney disease. Whilst COVID-19 is predominantly a respiratory disease, in severe cases it can cause kidney and multi-organ failure. It is unknown if immunocompromised hosts are at higher risk of more severe systemic disease. Therefore, we report on seven cases of COVID-19 in kidney transplant recipients (median age 54 (range 45-69), three females, from a cohort of 2082 managed transplant follow-up patients) over a six-week period in three south London hospitals. Two of 32 patients presented within three months of transplantation. Overall, two were managed on an out-patient basis, but the remaining five required hospital admission, four in intensive care units. All patients displayed respiratory symptoms and fever. Other common clinical features included hypoxia, chest crepitation, lymphopenia and high C-reactive protein. Very high D dimer, ferritin and troponin levels occurred in severe cases and likely prognostic. Immunosuppression was modified in six of seven patients. Three patients with severe disease were diabetic. During a three week follow up one patient recovered, and one patient died. Thus, our findings suggest COVID-19 infection in kidney transplant patients may be severe, requiring intensive care admission. The symptoms are predominantly respiratory and associated with fever. Most patients had their immunosuppression reduced and were treated with supportive therapy.

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The novel coronavirus 2019 (or coronavirus disease 2019 [COVID-19]) infection, which originated in the city of Wuhan, in Hubei province, China, in December 2019 shares close similarities in its genomic structure with the severe acute respiratory syndrome coronavirus (SARS-CoV) that caused the SARS global pandemic in 2003 and the Middle East respiratory syndrome (MERS) epidemic in 2012 (MERS-CoV), and even closer similarities to bat SARS-like betacoronavirus (bat-SL-CoVZC45 betacoronavirus) and bat-SL-CoVZXC21.^{1,2}

Between December 31, 2019, and March 27, 2020, 532,692 COVID-19 cases and 24,077 deaths worldwide have been identified as being caused by a newly identified enveloped RNA virus named SARS-CoV-2.³ In the United Kingdom, between January 31, 2020, and March 20, 2020, 3983 cases were identified with 177 (4% of tested patients) deaths.⁴ Due to widespread nature, COVID-19 was declared as a pandemic by World Health Organization on March 11, 2020, and 176 countries are affected as of March 27, 2020.³

The SARS pandemic was reported to affect both pediatric and adult kidney transplant

Table 1 | Clinical characteristics and outcome of 7 kidney transplant patients with COVID-19 infection

Patient	Age/sex	Tx date	Comorbidities	Respiratory and renal involvement	Baseline creatinine (eGFR ml/min per 1.73 m ²)	Baseline immunosuppression and treatment	ACEI or ARB	Outcome
1	48/M	1989	HT	No	350 (15–18)	Aza/Pred No change	No	Stayed at home, full recovery
2	67/F	03/2019	T2D/HT	Yes, ARDS + AKI (CVVH)	150 (45)	Tac/MMF/Pred MMF stopped	Yes ACEI	Died
3	54/F	12/2019	PTDM/CMV	Yes, ARDS + AKI (CVVH)	132 (48)	Tac/MMF/Pred Tac and MMF stopped	No	Alive, ventilated
4	65/M	08/2018	Wheelchair/HTN	No ARDS	180 (23)	Tac/MMF/Pred MMF stopped	No	Alive, in medical ward
5	69/F	02/2020	DM/HT	No ARDS AKI	165 (31)	Tac/MMF/Pred MMF stopped	No	Brief ITU stay, not intubated; stepped down to ward
6	54/M	05/2013	Hemolytic anemia/HT	No ARDS	187 (47)	Tac/MMF MMF stopped	No	Stayed at home, still has cough and some flu-like symptoms
7	45/M	09/2017 (2nd Tx)	HT	No ARDS AKI (HD)	450 (12–16)	Tac/Aza/Aza Aza stopped Tac dose reduced	No	Admitted, managed in the ward; severe AKI

ACEI, angiotensin-converting enzyme inhibitor; AKI, acute kidney injury; ARB, angiotensin receptor blocker; ARDS, acute respiratory distress syndrome; Aza, azathioprine; CMV, cytomegalovirus; COVID-19, coronavirus disease 2019; CVVH, continuous venovenous hemofiltration; DM, diabetes mellitus; eGFR, estimated glomerular filtration rate; F, female; ITU, intensive therapy unit; M, male; MMF, mycophenolate mofetil; Pred, prednisolone; PTDM, posttransplant diabetes mellitus; T2D, type 2 diabetes; Tac, tacrolimus; Tx, treatment(s).

recipients in Hong Kong, with less severe disease in the pediatric population.⁵ One liver transplant patient died with the SARS-CoV infection in 2003.⁶ The MERS coronavirus infection had a variable impact on kidney transplant recipients. In 1 report of 2 kidney transplant patients, one died of progressive respiratory disease and acute kidney injury while the other survived.⁷ To the best of our knowledge, only 1 patient with kidney transplantation has been reported in the literature who suffered from COVID-19 infection in Wuhan, China, and improved 13 days after hospital admission.⁸ The 63-year-old kidney transplant recipient presented with fever, chest pain, cough, low lymphocyte, high serum C-reactive protein (CRP), and abnormal chest computed tomography scan on February 2, 2020. Tacrolimus and mycophenolate administration was discontinued. He was treated with

oxygen, methyl prednisolone, umifenovir, moxifloxacin, biapenem, i.v. Ig, inhaled interferon- α , and pantoprazole. He made a successful recovery and was discharged on day 13.

We report here the first 7 cases of COVID-19 in kidney transplant recipients in south London hospitals.

CASES

We have seen 7 cases of kidney transplant recipients with proven COVID-19 infection in south London in March 2020. These patients are described herein, and their main characteristics are summarized in [Tables 1 and 2](#).

Patient 1

A 48-year-old man with deceased donor kidney transplant in 1989 with failing transplant kidney (estimated glomerular filtration rate [eGFR]: 15–18 ml/min per 1.73 m²) called the

Table 2 | Blood parameters during COVID-19 infection

Patient	White cell count ($\times 10^9/l$) (3.5–10)	Lymphocyte count ($\times 10^9/l$) (1–3.5)	Serum CRP (mg/l) (<5)	Serum ferritin ($\mu g/l$) (25–200)	Serum D dimer ($\mu g/l$) (0–500)	Serum LDH (U/l) (100–240)	Serum troponin I (ng/l) (<34)
1	—	—	—	—	—	—	—
2	6 (D1)	0.8 (D1)	83 (D1)	—	2032 (D3), >6000 (D10)	1226 (D10)	78 (D1), 395 (D10)
3	11.25 (D1)	0.5 (D1)	329 (D1)	—	—	—	—
4	—	—	—	—	—	—	—
5	9.4 (D1)	0.3 (D1)	—	—	—	—	30 (D4) ^a
6	10 (D1)	4.0 (D1)	—	—	—	—	—
7	5.5 (D1)	0.3 (D1)	198 (D1)	6919 (D3)	1907 (D3)	502 (D3)	35 (D7)

COVID-19, coronavirus disease 2019; CRP, C-reactive protein; D, day after admission and D1 is day of admission; LDH, lactate dehydrogenase.

^aSerum troponin T (0–14 ng/l).

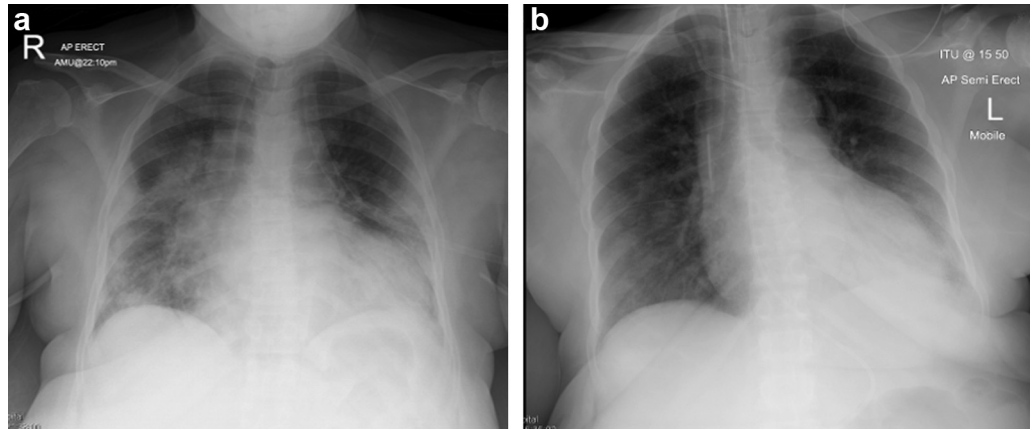


Figure 1 | Case 2: Chest X-ray (a) on admission showing bilateral patchy consolidation and (b) 8 days later showing improvement in lung infiltrates.

National Health Service (111) helpline in the first week of March 2020 with cough, fever, and mild shortness of breath. He tested positive for COVID-19 by nose and throat swabs taken on March 2. As he was clinically well, he was asked to stay at home and self-isolate. His immunosuppression was azathioprine 75 mg once a day (OD) and prednisolone 5 mg OD, which was not changed. He was not on angiotensin-converting enzyme inhibitor/angiotensin receptor blocker at the time of presentation. He has made a full recovery. The transplant kidney function remained stable.

Patient 2

A 67-year-old woman with insulin-dependent type 2 diabetes and end-stage kidney disease on hemodialysis therapy for 4 years received a deceased donor kidney transplant in March 2019. Her eGFR was 45 to 55 ml/min per 1.73 m². She was maintained on tacrolimus with levels between 5 and 8 ng/ml, mycophenolate mofetil (MMF) 250 mg twice a day (BD), and prednisolone 5 mg OD. Her other medications included ramipril, aspirin, alfacalcidol, and amiloride. She presented on March 5 with cough, fever, and shortness of breath. Chest X-ray revealed bilateral patchy consolidation (Figure 1a). SARS-CoV-2 RNA polymerase chain reaction tests from nose and throat viral swabs were positive. Bronchial washing for pneumocystis polymerase chain reaction was negative, as was blood polymerase chain reaction for cytomegalovirus DNA. There was no other positive microbiological diagnosis. She was hypoxic with peripheral oxygen saturation of 86% and a respiratory rate of 26 breaths/min, so she was transferred to intensive therapy unit (ITU) and commenced noninvasive

ventilation (continuous positive airway pressure for type 1 respiratory failure) and subsequent intubation and ventilation as her clinical condition deteriorated. Serum CRP on admission was 83 mg/l, hemoglobin 110 g/l, with normal total white cell count, and mild lymphopenia (lymphocyte count $0.8 \times 10^9/l$). She was treated with broad spectrum antibiotics. No specific antiviral drugs were given. MMF was ceased. Low-dose tacrolimus was initially continued but stopped 1 day before death. On day 3 post admission, she developed acute kidney injury (AKI), with a serum creatinine increase to 225 $\mu\text{mol/l}$. She remained stable on the ventilator with reducing oxygen requirements and improvement in lung infiltrates on chest X-ray (Figure 1b) but deteriorated markedly on March 16 with high serum lactate and lactate dehydrogenase levels and an acute rise of CRP to 190. She developed severe metabolic acidosis resistant to correction on continuous venovenous hemodiafiltration, probably owing to an intra-abdominal event (bowel infarction and/or intra-abdominal sepsis). She deteriorated rapidly and died on March 17.

Patient 3

A 54-year-old woman with a history of adult polycystic kidney disease, end-stage kidney disease in 2012, was on hemodialysis for 7 years, and received a deceased donor kidney transplant in December 2019. Soon thereafter, she experienced an episode of cytomegalovirus infection and developed posttransplant diabetes mellitus. Her medications included BD doses of tacrolimus 11 mg and MMF 500 mg and OD doses of prednisolone 5 mg, amlodipine 5 mg, aspirin 75 mg, bisoprolol 2.5 mg, co-

331 trimoxazole 480 mg, doxazosin 2 mg, isoniazid
 332 300 mg, omeprazole 20 mg, pyridoxine 25 mg,
 333 and gliclazide 120 mg and 80 mg. Three
 334 months after deceased donor kidney trans-
 335 plantation, on March 10, she presented with
 336 shortness of breath to the emergency depart-
 337 ment. On initial assessment, her oxygen satu-
 338 rations were 60% with heart rate of 105 beats/
 339 min and blood pressure of 190/99 mm Hg. She
 340 was started immediately on continuous positive
 341 airway pressure and her oxygen saturations
 342 improved to 87%. Auscultation of the chest
 343 revealed widespread crepitations and her chest
 344 X-ray showed bilateral pulmonary infiltrates
 345 (Supplementary Figure S1A). She was found to
 346 be positive for SARS-CoV-2 RNA. Her cyto-
 347 megalovirus, adenovirus, and other respiratory
 348 viral screen along with atypical pneumonia
 349 serologies were negative. There was no other
 350 positive microbiological diagnosis. She devel-
 351 oped features of acute respiratory distress syn-
 352 drome and AKI (creatinine 242 $\mu\text{mol/l}$,
 353 baseline 132 $\mu\text{mol/l}$).

354 Her respiratory status rapidly deteriorated in
 355 the emergency department and she required
 356 intubation 8 hours later and continues to be
 357 ventilated currently. MMF was stopped on
 358 March 10 and tacrolimus on March 16. Broad
 359 spectrum antibiotics and antiviral, oseltamivir
 360 were administered. She was also empirically
 361 treated for pneumocystis with high dose co-
 362 trimoxazole. Serum CRP decreased from 329
 363 mg/l on day of admission to 169 mg/l 7 days
 364 later. She became anuric and started contin-
 365 uous venovenous hemofiltration, which contin-
 366 ues. Her latest chest X-ray showed some
 367 resolution of the pulmonary infiltrates
 368 (Supplementary Figure S1B).

370 Patient 4

371 A 65-year-old wheelchair-bound man, with a
 372 history of hypertensive nephrosclerosis and
 373 recurrent thromboembolic events developed
 374 end-stage renal disease in 2014 and received a
 375 deceased donor kidney transplant in August
 376 2018. Seventeen months after kidney trans-
 377 plantation, he presented to hospital with
 378 shortness of breath and chest pain and was
 379 admitted to ITU. He was diagnosed with
 380 COVID-19 infection on March 15. MMF was
 381 stopped and he currently continues with
 382 tacrolimus and prednisolone. He was dis-
 383 charged from the ITU and is currently admitted
 384 to a medical ward still requiring 4 to 6 L oxygen
 385 to maintain saturations. Kidney function
 386 remained stable.

387 Patient 5

388 A 69-year-old woman with long-standing dia-
 389 betes, hypertension, and end-stage kidney dis-
 390 ease was on peritoneal dialysis therapy since
 391 2012 and hemodialysis therapy since 2014; she
 392 received a deceased donor kidney trans-
 393 plantation on February 29 and was discharged
 394 on March 9. Her immunosuppressive treat-
 395 ment included tacrolimus, MMF, and predni-
 396 solone. Other medications included insulin,
 397 amlodipine 10 mg, ezetimibe 10 mg, levothy-
 398 roxine 150 μg , co-trimoxazole 480 mg, as well as
 399 doxazosin 4 mg BD, and clonazepam 1 mg as
 400 needed. She presented with shortness of breath,
 401 fever (39 °C), diarrhea, and vomiting on March
 402 13. Her chest X-ray showed shadowing of left
 403 base on March 13 that worsened on March 19
 404 (Supplementary Figure S2A and B). She tested
 405 positive for SARS-CoV-2 RNA on March 14,
 406 2020. She was unwell with oxygen saturation of
 407 82% and blood pressure 166/52 mm Hg. Ox-
 408 ygen saturation improved to 97% with 4 l ox-
 409 ygen by nasal cannula. Hemoglobin was 74 g/l,
 410 serum N-terminal prohormone of brain natri-
 411 uretic peptide 5186 ng/l, and serum fibrinogen
 412 4.2 g/l. Her lymphocyte count decreased on day
 413 3 of admission to $0.3 \times 10^9/\text{l}$ and has remained
 414 low. Tacrolimus was continued, and MMF was
 415 held from March 14. She was treated initially
 416 with doxycycline, piperacillin-tazobactam,
 417 paracetamol, furosemide, and blood trans-
 418 fusion. She was moved to ITU on March 15 for
 419 respiratory support but did not need more than
 420 5 l/min oxygen and transferred back to ward on
 421 March 17. On March 20, her serum creatinine
 422 was 138 $\mu\text{mol/l}$. She remains an inpatient and
 423 is being managed in a general ward.

424 Patient 6

425 A 54-year-old man with urate nephropathy and
 426 past history of hereditary hemolytic anemia
 427 received a kidney transplant 7 years ago. He
 428 presented on March 10 with cough and fever
 429 (38.5 °C) and tested positive for SARS-CoV-2
 430 RNA on March 13. He was adequately hydrate-
 431 ed, and his vitals were stable. He received
 432 paracetamol and continued his usual medica-
 433 tions including Advagraf (Astellas Pharma
 434 Europe, Leiderdorp, the Netherlands) 3.5 mg
 435 OD, MMF 500 mg BD, nifedipine 30 mg OD,
 436 atorvastatin 30 mg at night, bisoprolol 10 mg
 437 OD, ramipril 10 mg OD, doxazosin 8 mg BD,
 438 alfacalcidol 1 μg OD, and penicillin 250 mg
 439 OD. He developed AKI with a rise in creatinine
 440 from 145 $\mu\text{mol/l}$ to 187 $\mu\text{mol/l}$. Hemoglobin
 441 was 141 g/l. Blood cell counts are shown in
 442

443 **Table 2.** He remained symptomatic on March
444 21 with cough and mild fever. As the symptoms
445 were not resolving, MMF was stopped, and he
446 has managed to stay at home.

447 **Patient 7**

448 A 45-year-old man with a failing, second kid-
449 ney transplant from September 2017 presented
450 with fever, flu-like symptoms, cough for 7 days,
451 and shortness of breath for 1 day. He had
452 arterial hypertension with no other comorbid-
453 ities. He was a sensitized recipient with panel
454 reactive antibodies at 90% and therefore, was
455 maintained on long-term triple immunosup-
456 pression: tacrolimus, azathioprine (switched in
457 late 2018 from MMF due to gastrointestinal
458 side effects), and prednisolone 10 mg OD. On
459 admission on March 17, he was tachypneic and
460 hypoxic with oxygen saturation of 90% on
461 room air, which was corrected to >95% on 4 l/
462 min oxygen through nasal cannula. Nasal and
463 throat swabs were positive for SARS-CoV-2
464 RNA. He developed AKI with serum creati-
465 nine 967 $\mu\text{mol/l}$ and eGFR 5 ml/min per
466 1.73 m^2 (baseline creatinine: 400–450; baseline
467 eGFR: 12–16). He was lymphopenic with
468 lymphocyte count of $0.3 \times 10^9/\text{l}$ (baseline: 1--
469 $1.2 \times 10^9/\text{l}$) with normal hemoglobin and
470 white cell count. Liver function tests were
471 normal on admission, but alanine amino-
472 transferase went up to 138 U/l on day 4. Chest
473 X-ray revealed bilateral infiltrates ^{Q19}
474 (Supplementary Figure S3). Azathioprine was
475 stopped on admission, tacrolimus reduced, and
476 prednisolone increased to 15 mg OD. So far, he
477 needed 1 hemodialysis session. He is recovering
478 from respiratory point of view and as of March
479 23, 2020, the oxygen saturations are >95% on
480 2 l/min. He remains hemodynamically stable.

481 **DISCUSSION**

482 In this report we discuss our first 7 cases of
483 COVID-19 infection in kidney transplant reci-
484 pients from south London, United Kingdom.
485 Median age of transplant recipients was 54
486 years (range, 45–69 years) comprising 4 men, 3
487 women. Of 7 patients, 2 were managed on an
488 outpatient basis and stayed at home, with the
489 remaining 5 (71%) requiring hospital admis-
490 sion. Four among the latter required ITU
491 admission, and 1 is being managed in the renal
492 ward. Of 4 patients sent to ITU, 2 needed
493 intubation and ventilation; the other 2 were
494 managed with oxygen through mask and
495 noninvasive ventilation only. There was 1 death
496 in this small series of 7 patients (mortality rate

497 of 14%). All 3 patients with severe disease were
498 female and also had diabetes. Two patients
499 presented within 3 months of kidney trans-
500 plantation (1 within 2 weeks) while kidney
501 transplant vintage was 12 months or more in
502 the remaining 5 cases. The patients were
503 managed in 3 centers and the total number of
504 prevalent transplant patients in these centers
505 was 2082, with 32 patients transplanted from
506 December 15, 2019, to March 15, 2020, during
507 the developing pandemic.

508 Transplant patients are at higher risk due to
509 immunosuppression, underlying chronic kid-
510 ney disease, and other comorbidities, in
511 particular diabetes and hypertension, which are
512 now recognized as significant factors that in-
513 fluence outcomes in patients with COVID-19
514 infection.⁹ Three of our patients had chronic
515 kidney disease stage 4 to 5, with 1 recovering at
516 home and 1 requiring hospital admission but
517 recovering without needing ITU admission.
518 The remaining 4 patients had chronic kidney
519 disease stage 3, of which 2 had severe disease
520 requiring intubation and ventilation and 1 of
521 them died. Both patients who had severe
522 COVID-19 including the one who died had
523 diabetes mellitus.

524 Managing immunosuppression in these pa-
525 tients is challenging and should take into ac-
526 count age, severity of COVID-19 infection,
527 associated comorbidities, and time posttrans-
528 plant. In transplant patients with mild to
529 moderate infections, the usual practice is to
530 continue or make reductions in the dose of
531 immunosuppressive drugs, but this approach
532 might favor high mortality in patients admit-
533 ted to hospital with COVID-19 infection. While
534 we acknowledge that firm recommendations are
535 not possible based on the small sample size of
536 this study, we suggest that antiproliferative
537 agents (MMF and azathioprine) should be
538 stopped at the time of admission to hospital,
539 dose of prednisolone should be either un-
540 changed or increased, and tacrolimus dose
541 should be reduced. In severe infections
542 (requiring intubation and ventilation), an
543 argument can be made for stopping calcineurin
544 inhibitors completely while maintaining corti-
545 costeroid therapy. The role of cytokine storm
546 and inflammation due to antiviral immune
547 response as a driver of severe respiratory dis-
548 ease and acute respiratory distress syndrome
549 has been discussed since the outbreak of this
550 disease in December 2019, prompting trials of
551 anti-interleukin 6 monoclonal antibody tocili-
552 zumab and case for continuing steroids in
553

555 infected patients. A similar argument can be
 556 made for continuing low-dose tacrolimus, but
 557 more evidence is needed before drawing firm
 558 conclusions. An obvious concern is risk of
 559 rejection with reduction in immunosuppres-
 560 sion but given the high mortality rate of
 561 COVID-19 infection in hospitalized patients,
 562 clinicians should focus on keeping their pa-
 563 tients alive with a careful case-by-case assess-
 564 ment of risks versus benefits of continuing
 565 immunosuppression. With regard to induction
 566 treatment, it is likely that lymphocyte-depleting
 567 antibodies increase the risk; therefore, many
 568 centers in the United Kingdom have stopped
 569 performing transplants requiring induction
 570 with either antithymocyte globulin or alemtu-
 571 zumab. All patients in this series received
 572 basiliximab induction therapy at time of
 573 transplantations. Five of the 7 patients pre-
 574 sented here were receiving triple immunosup-
 575 pression. Two patients with mild illness who
 576 did not require hospital admission and recov-
 577 ered fully at home were on dual immunosup-
 578 pression (1 on azathioprine plus prednisolone
 579 and 1 on tacrolimus plus MMF).

580 With regard to concomitant therapy with
 581 angiotensin-converting enzyme inhibitors/
 582 angiotensin receptor blockers, in line with
 583 current UK Renal Association and European
 584 Society of Cardiology recommendations, these
 585 therapies were not discontinued.

586 One of our 7 patients died, which is a
 587 mortality rate of 14%, although it is too soon to
 588 comment on likely mortality rates in this group
 589 of patients. Two of our patients presented
 590 within 3 months after transplantation and 1
 591 presented within 2 weeks. UK National Health
 592 Service Blood and Transplant Organ Donation
 593 and Transplantation have since produced
 594 guidelines on COVID-19 screening in deceased
 595 donors and the transplant units are risk strat-
 596 ifying donors and recipients before considering
 597 kidney transplantation. Transplantation is a
 598 high-risk procedure during this pandemic due
 599 to the risk of transmitting COVID-19 infection
 600 from the donor to the recipient as well as risk
 601 of recipient developing severe disease under
 602 higher levels of immunosuppression in the first
 603 3 months posttransplant. We suggest that apart
 604 from carefully selecting donor-recipient pairs,
 605 transplantation is not advisable during this
 606 pandemic, especially for older recipients with
 607 comorbidities, in particular diabetes. We have
 608 stopped performing living donor transplants
 609 and are in discussions to suspend deceased
 610 donor program. In addition to significant

611 concerns about the effect of COVID-19 on
 612 immunosuppressed patients, increasing worries
 613 about access to ITU in the coming weeks and
 614 redistribution of staff to critical care to provide
 615 support for increasing number of COVID-19
 616 patients, it is likely that deceased donor pro-
 617 gram will be suspended within most of the UK
 618 centers soon.

619 AKI has been described with COVID-19
 620 infections in up to 15% patients, and occur-
 621 rence of proteinuria or hematuria has been
 622 reported. In our series, the observation that 4
 623 of 7 patients had AKI (57%) may be an early
 624 signal that transplant patients are at higher
 625 risk of AKI with COVID-19 infection,
 626 compared with 29% AKI in critically ill pa-
 627 tients of general population in Wuhan,
 628 China.¹¹ Angiotensin-converting enzyme 2^{Q21}
 629 and dipeptidyl peptidase, which are expressed
 630 in proximal tubule cells,^{12,13} have been iden-
 631 tified as receptors for SARS-CoV and MERS-
 632 CoV. Uptake of SARS-CoV-2 virus into the
 633 proximal tubular epithelium is a possible
 634 explanation for AKI.

635 With regard to prognostic blood tests
 636 including lymphocyte counts and serum levels
 637 of D dimer, ferritin and troponin are likely to
 638 be valuable. Four of 5 patients who required
 639 admission had lymphopenia, whereas the 2
 640 who did not need admission had normal
 641 lymphocyte counts. As many patients on
 642 immunosuppression are likely to have baseline
 643 lymphopenia, a further drop in lymphocyte
 644 count is likely to be of prognostic value. In
 645 our patient who died, both D dimer and
 646 troponin levels were elevated on day 3 post
 647 admission with further marked increase (in
 648 particular D dimer) later during the course of
 649 her illness. In the absence of any obvious
 650 thromboembolic events, this suggests micro-
 651 vascular thrombosis or disseminated intravas-
 652 cular coagulation with possible gut ischemia.^{Q22}
 653 Very high ferritin and D dimer levels were
 654 also noted in the case for patient 7 of our
 655 series. We suggest that D dimer, ferritin, and
 656 troponin should be measured in all patients
 657 with severe COVID-19 infection on admission
 658 and subsequently in those who are not
 659 showing clinical improvement.

660 In 2 of our patients, the lung infiltrates
 661 showed significant improvement without any
 662 specific antiviral treatment 7 to 9 days post
 663 admission. The patient who died is among
 664 them and was improving from the respiratory
 665 point of view. She died of an abdominal
 666 complication and the clinical diagnosis was

possible bowel infarction or intra-abdominal sepsis. Based on this observation, we would like to highlight that the mortality in critically ill patients with COVID-19 infection could be due to extrapulmonary complications such as myocarditis or bowel involvement.

With regard to specific antiviral therapies, although a recent trial showed no benefit of lopinavir-ritonavir in hospitalized patients with severe COVID-19, it remains possible that treatment with these drugs as well as hydroxychloroquine will be considered in patients with COVID-19 pneumonia.¹⁴ The choice of calcineurin inhibitor may also have a role to play. Thus, for instance, cyclosporin A has been shown to have an inhibitory effect on proliferation of corona viruses and hepatitis C virus *in vitro*, while this is not the case for tacrolimus. Cyclosporin A is thought to inhibit the replication of a diverse array of coronaviruses through its impact on cyclophilin A and B.^{15,16} While this needs further exploration, we do not think switching to cyclosporine A from tacrolimus can be recommended at this stage for transplant patients with COVID-19 infection.

In conclusion, in this first series of 7 renal transplant patients infected with SARS-CoV-2, 1 recipient died (14%) and significant AKI was observed. Lymphopenia, very high ferritin and D dimer levels, and raised troponin levels are seen in severe disease and may be of prognostic value. These tests should be part of routine testing in kidney transplant patients requiring hospital admission for COVID-19 infection. We suggest suspending kidney transplantation during the COVID-19 pandemic particularly for high-risk older recipients with comorbidities. Rigorous adherence to hand hygiene, recommended isolation procedures, and regular assessment—virtually and/or telephonically—of transplant patients will help reduce the incidence and facilitate management of mild-to-moderate cases in the community as we could in 2 of our 7 patients described.

The COVID-19 UK register has been set up by the UK transplant registry held by Organ Donation and Transplantation to record all cases of renal transplant patients presenting with COVID-19 infection and analysis of registry data will help clinicians make informed decisions about management of these complex patients in these uncertain and rapidly evolving times.

DISCLOSURE

All the authors declared no competing interests.

SUPPLEMENTARY MATERIAL

Supplementary File (PDF)

Figure S1. Case 3: CxR (A) on admission, showing bilateral patchy consolidation, and (B) 9 days later showing improvement in lung infiltrates.

Figure S2. Case 5: CxR (A) on admission showing left basal shadow that (B) is worsening to B/L patchy consolidation 6 days later.

Figure S3. Case 7: CxR on admission showing bilateral lung infiltrates.

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